

Hello,

Thank you for your interest in YMCA Camp Ingersoll. In our brochure you will find more information on our programs, pricing, and camp philosophy. As a YMCA Camp we believe our focus on values, relationship building, and personal development sets us apart from other camps. There is also a link to our website and registration page in the brochure. We are encouraging everyone to participate in online registration this year, but we have also included a paper registration for you in case that is your preferred method. Whether you register for camp this summer or not, we also want to invite you to our monthly family events, Family Nights in the summer, and our open houses which are all listed on our website: [campingersoll.org](http://campingersoll.org).

This packet contains all of the information necessary to register for Camp Ingersoll. We advise new and returning families to browse our brochure before registering to get information on new camps and changes to our programs.

The first page you will see is our camp selections grid. Please circle the session(s) across for the camp name that you wish to attend. Please be sure to circle which tier you will be paying as well. At the bottom of the page, you will find options for before and after care as well as subway lunch. The following page is your camper information page. Please fill out all of this information. You will need a choices grid and information page for each camper.

Please fill out the Individual Care Plan and Subway Menu form if you have registered for subway, or it is appropriate for your camper. The rest of the information is necessary medical paperwork and for your reference (Parent Agreement, Bus Information). Please review the entire packet to ensure you have completed all necessary forms and understand all of the information.

There are still many questions regarding how camp will operate during Covid-19. We are continuously updating our procedures and policies to follow the most up to date guidance from the State, Office of Early Childhood, and local health districts. We will update registered families through website updates and direct emails. Please be sure to frequently check your email for updates.

Please let us know if you have any other questions or concerns. We'd love to talk more with you about camp!

We hope to see you soon to welcome you into our Camp Family!

Benjamin Silliman

YMCA Camp Ingersoll  
bsilliman@midymca.org  
860-342-2267

# 2022 CAMP CHOICES

Preview Week: June 13-17  
Session 1: June 20-July 1

Session 2: July 5-July 15 (no camp July 4)  
Session 3: July 18-July 29

Session 4: Aug. 1-Aug. 12  
Finale Week: Aug. 15-Aug. 19

CAMP	SESSIONS	GRADES	PRICE (\$)
Wee Wonders	1, 2, 3, 4	Pre-K or K	<b>TIERED PRICING</b> Tier A: \$502 Tier B: \$457
Kiddie Kamp	1, 2, 3, 4	Grade 1	
Youngers	1, 2, 3, 4	Grade 2 or 3	<b>TIERED PRICING</b> Tier A: \$497 Tier B: \$447
Middles	1, 2, 3, 4	Grade 4 or 5	
CIO1	1, 2, 3, 4	Grade 6 or 7	<b>TIERED PRICING</b> Tier A: \$502 Tier B: \$457
CIO2	1, 2, 3, 4	Grade 8 or 9	
CIT	1, 2, 3, 4 (2 Session Min.)	Age 14+	\$255
F.L.A.S.H. Camp: Traditional Camp Session 1: 6/20-6/24 or Session 4: 8/1-8/5	1, 4	Grade Pre-K - 9	\$265

## SPECIALTY CAMPS

Specialty Camp Sampler	1, 2, 3	Grade 2-4	<b>TIERED PRICING</b> Tier A: \$567 Tier B: \$512
Little Dribblers Soccer	3	Grade 2-4	
Little Ballers Basketball	4	Grade 2-4	
Arts & Crafts	4	Grade 2-4	
Let's Dance	1, 3	Grade 2-6	
All Sports	1, 2	Grade 2-4	
Can We Build It? Yes We Can!	3	Grade 3-5	
STEAM	1	Grade 3-5	
Adventure Girls	2, 4	Grade 3-5	
Mega Fortbuilding	2, 3, 4	Grade 3-5	
Mountain Biking	1, 2, 3, 4	Grade 3-9	
Ingersoll Adventurers	1, 2, 3, 4	Grade 3-5	
Ninja Warrior	1, 2, 3, 4	Grade 3-5	
All Aqua	2	Grade 4-6	
Campfire Cooking	1	Grade 5-8	
Spikers Volleyball	4	Grade 6-9	
Fort Building	2, 3, 4	Grade 6-9	

## TRAVELING SPECIALTY CAMPS

Horseback	1, 2, 3, 4	Grade 2-9	<b>TIERED PRICING</b> Tier A: \$712 Tier B: \$652
Fishing	1, 2, 3, 4	Grade 3-8	
Back to Basics: Adventure Camping	4	Grade 6-9	
Olders Adventure	1, 3	Grade 6-9	
Parkour	2, 4	Grade 6-9	
Horseback Experience	4	Grade 3-6	\$800

FINALE/PREVIEW WEEK		LOCATION	EXTENDED DAY PROGRAM: Available All Sessions		LOCATION
Preview / Finale Week	\$265	Camp Ingersoll	AM or PM	\$100	Camp Ingersoll
Extended AM & PM	\$110	Camp Ingersoll	AM & PM	\$185	Camp Ingersoll

**SUBWAY LUNCHES:** Sessions 1-4: 4" - \$87; 6" - \$97 Preview/Finale Week/FLASH Camp: 4" - \$47; 6" - \$52

# YMCA CAMP INGERSOLL 2022 APPLICATION

## REGISTER ONLINE AT [CAMPINGERSOLL.ORG](http://CAMPINGERSOLL.ORG)

Complete steps 1-10 on these pages and return this application with your non-refundable deposit to the Northern Middlesex YMCA, 99 Union Street, Middletown, CT 06457. Your balance is due according to the policy listed in the parent agreement.

### 1. CAMPER INFORMATION

Camper's Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_  Male  Female  
 Previous Camper?  Y  N  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 School Grade Next Fall: \_\_\_ School: \_\_\_\_\_

### 2. YMCA MEMBERSHIP INFORMATION:

**All campers must be current members of a participating YMCA.**

My camper is a current member of the: \_\_\_\_\_ YMCA  
 My camper would like to become a member of the Northern Middlesex YMCA for the summer – \$20.00 fee.

### 3. HOUSEHOLD/FAMILY INFORMATION

Parent/Guardian Name: \_\_\_\_\_  
 Relationship to Camper: \_\_\_\_\_  Camp Alumni?  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Daytime PH: \_\_\_\_\_ Evening PH: \_\_\_\_\_  
 Cell PH: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Employer: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_  
 Relationship to Camper: \_\_\_\_\_  Camp Alumni?  
 Address: \_\_\_\_\_  
 Daytime PH: \_\_\_\_\_ Evening PH: \_\_\_\_\_  
 Cell PH: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Employer: \_\_\_\_\_

### 4. EMERGENCY CONTACT INFORMATION: Additional adults (not listed above) authorized to pick up your camper from camp, extended camp care, bus, or emergency dismissal from camp.

Contact: \_\_\_\_\_  
 Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Contact: \_\_\_\_\_  
 Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### 5. MEDICAL/BEHAVIOR/CUSTODY INFORMATION:

Please note that appropriate medical documentation is also required on your child's health form which is due **BEFORE** your child can attend camp.

### 6. FRIEND REQUEST: Please put my child with camper \_\_\_\_\_ or \_\_\_\_\_ I realize that not all requests can be accommodated. Note: For any "Friend Request," the camper listed above must also list the name of your camper on their application and campers must be in the same age group or sport specialty camp.

### 7. SELECT CAMP PROGRAM AND SESSION: Please mark appropriate registration information on the "Camp Choices" page.

**SWIM INSTRUCTION:** Traditional campers are automatically enrolled in swim instruction. There is no cost for these high quality lessons. If you do not want your child enrolled in swim instruction, you must send a note with your camper expressing that you would like to withdraw them from these free, high quality lessons.

### 8. SELECT BEFORE AND/OR AFTER CAMP CARE: Mark appropriate registration information on the "Camp Choices" page if you need before and/or after camp care for your camper.

### 9. SELECT BUS STOP: Please refer to the Bus Stops on page 13 for bus information and write in your bus selection on the line below. Note: Camper must use same bus stop to and from camp unless using AM/PM Camp Care. If you are registering for Preview Week or Finale Week, please check the box below. **Bussing is \$25 per camper per session**

SELECT:        BUS STOP

- I will pick up my camper at the bus each day  
 My camper can walk home from the bus  
 NO BUS. Parent/guardian will pick up and drop off at camp
- Campers who attend both AM and PM Extended Day Program do not need to select a bus.**

**PREVIEW & FINALE WEEK  
 ONLY BUS OPTION  
 2 BUSES ONLY:**

<input type="checkbox"/> Glastonbury HS	8:25	4:35
<input type="checkbox"/> So. Cong. Church, Glas.	8:35	4:20
<input type="checkbox"/> Moody School	8:15	4:30
<input type="checkbox"/> YMCA	8:35	4:10

### DEPOSIT INFORMATION SECTION

**\$50.00 NON-REFUNDABLE DEPOSIT**  
 per session X \_\_\_\_\_ sessions = \$ \_\_\_\_\_  
 + \$20.00 Summer Membership (if applicable) \$20.00  
 + Camp Improvement Fee \$10.00

Financial Aid Deposit  
 \$ \_\_\_\_\_

**TOTAL** \_\_\_\_\_

### 10. PAYMENT METHOD:

MasterCard  Visa  Discover  Check  Cash  
 Credit Card Number: \_\_\_\_\_  
 Expiration Date: \_\_\_\_\_  
 Please enroll me in the Auto Credit Card option using the card listed above.  
 I prefer to receive a monthly bill  online  in the mail.

- I HAVE READ THE PARENT'S AGREEMENT AND UNDERSTAND AND AGREE TO ITS TERMS AND CONDITIONS.
- I AUTHORIZE YMCA OFFICIALS TO SECURE MEDICAL/EMERGENCY TREATMENT AND TRANSPORTATION FOR MY CAMPER.

Parent's Signature: **X** \_\_\_\_\_

Date: \_\_\_\_\_

PLEASE MAIL TO:  
 Northern Middlesex YMCA  
 99 Union Street, Middletown, CT 06457

## NORTHERN MIDDLESEX YMCA CAMP INGERSOLL PARENTS' AGREEMENT

### IMPORTANT — PLEASE READ THIS CAREFULLY

#### I UNDERSTAND AND AGREE TO THE FOLLOWING CONDITIONS:

- I will pay all outstanding balances I, or an immediate member of my family, owe the Northern Middlesex YMCA before enrolling in any Camp sessions.
- A \$50 deposit (\$25 for Tier C- Open Doors Families) per session is required and must accompany each application. This deposit will hold the camper's place and will be applied to the full payment of the camp tuition.
- **All remaining balances are due before your camper/s attend camp unless enrolled in the Auto Credit Card Option. Enrolling in the Auto Credit Card Options extends the payment due date to August 1<sup>st</sup>.** Any unpaid balance will result in your child or children) being unable to attend camp.
- If I am enrolled in the Auto Credit Card Option and my credit card expires or I close my credit card account prior to when the last payment is due, I will pay the remaining balance in cash or a bank check.
- Any declined credit cards for any reason will be charged a \$25.00 service fee.
- Any checks returned to Camp or the YMCA due to insufficient funds (often referred to as bounced checks or NSF) will be charged a \$50.00 fee. The fee will need to be paid in cash or with a bank check along with the original amount of the check that did not go through.
- Full refunds, including deposits, will be given for any cancellations prior to **May 1<sup>st</sup>**. After that time, all deposits are non-refundable and non-transferable.
- Cancellations after May 1<sup>st</sup>, but more than 30 days prior to the start of the session will receive full refunds minus the deposit.
- Cancellations between 15-30 days from the start of the session will receive a 50% refund minus the \$50.00 deposit per session, the \$10.00 camp improvement fee and the \$20.00 summer YMCA membership fee.
- NO refunds will be granted less than 15 days prior to the start of the camp session unless the request is accompanied by a signed physician's statement indicating a medical condition has developed or is present preventing the camper from attending camp.
- **Fees will NOT be refunded for absence, failure to attend during term of enrollment, delayed attendance at camp, medical issues without notice, dismissal, or suspension.**
- Refunds will be issued through the credit card on file unless requested otherwise, or original payment was with a check.
- I will be responsible for, and agree to pay, all costs of collection, attorney's and any related fees should my account balance become delinquent or I do not pay as promised and agreed to.
- Requests for one-time changes in a camp session, busing, or group assignment will be considered and honored only if space permits and the request is submitted in writing. A \$15 transfer fee will be applied after May 1<sup>st</sup> if the request is granted.
- Bus service is provided for campers in a limited capacity and on a first come, first serve basis. Each bus is limited to 50 campers. Bus policy will follow, national, state, and local guidelines. Each bus will have a YMCA bus monitor. It is the responsibility of the parent and/or guardian to follow all policies at the scheduled pick-up time and place; possibly including signing out their camper(s) at the appointed stop time each day unless permission is granted in writing for other arrangements to take place or "Wait Unattended has been selected during registration. **Notice for other arrangements to pick-up or drop off your camper(s) must be given in writing to the Camp at least 24 hours prior to the change taking place.** Campers will be required to stay on the bus for the remainder of the route and will return to camp if the designated parent or guardian is not at the stop. Parents will be responsible for picking up their camper(s) at the Camp.
- Campers who ride buses are expected to behave in a safe manner, remain seated while the bus is in motion, refrain from eating or drinking, respect all campers, adults, staff, property, and traffic passing by (as well as any other Covid-19 policies that may be implemented).. The bus monitor will report any misconduct on the buses and appropriate progressive discipline will take place including, but not limited to, being assigned a seat near the

monitor, sitting out an activity at camp, and/or being denied use of bus transportation. Parents will be notified of behavior issues as they arise.

- A photo ID is required every time anyone including parents picks up a child at camp, off the bus, or off camp grounds and they must be on the approved list. All campers must be signed out in the office or parent pick up pavilion when leaving camp.
- I give permission for photographs and video tapes of my camper/s to be used in marketing and publicity for Camp Ingersoll or the Northern Middlesex YMCA.
- Campers must be able to participate in camp activities. Special accommodations can be made on an as-needed basis. Please discuss any questions or concerns with the Camp Director.
- I give permission for my camper(s) to participate in all camp activities, including but not limited to ropes, boating, archery, swimming, hiking, camping, active games, off-site activities, etc. Specialty Camp programs will require a signed permission.
- The YMCA follows a progressive discipline policy. The follow escalation is generally used: 1-2-3 magic behavior management, removal from the group to the office, early pick up from camp, suspension, and as a last resort: dismissal. Camp Ingersoll reserves the right to respond to individual circumstances, which may require action not in line with the steps laid fourth above. Camp can dismiss or suspend a camper whose presence, in their opinion, poses a direct threat, is detrimental to the camp, other campers or the Camp's operations.
- Cell Phones are not allowed out at camp. If they are in camper's bags, they must not be seen. If counselors see cell phones they will ask campers to put them away. They will then take the phone and bring it to the office where the camper can pick it up at the end of the day. If there are any other cell phone disruptions, the phone will be taken and a parent or guardian will have to pick it up in the camp office. Campers who need to use a phone can use the camp phone in the office
- I understand that my camper is advised to keep all personal toys, electronics, and anything of value at home. Camp Ingersoll and the Northern Middlesex YMCA are not responsible for any lost or damaged personal items including but not limited to eyeglasses, hearing aids, etc. All personal items should be labeled with the child's name. Found items will be placed in the Lost and Found. I understand unclaimed items will be donated after each session.
- I authorize the transfer of my camper(s) to the Middlesex YMCA during inclement weather, as determined by YMCA/Camp Ingersoll personnel.
- I understand with physical activities at Camp, there is a risk my child may receive head injuries or a concussion. In the event of any head injury, campers are transported to see the Camp Nurse and are evaluated according to state regulations that can be found at [www.ct.gov/oec](http://www.ct.gov/oec). The appropriate steps will then be implemented after the evaluation.
- I agree to hold the YMCA Harmless for injuries, accidents, or sickness resulting in bodily injury or property damage during my child's participation at YMCA Camp Ingersoll. I further waive, release, absolve and indemnify the Middlesex YMCA, YMCA Camp Ingersoll, its directors, volunteers, officers or employees for injuries or accidents occurring while participating in the programs of YMCA Camp Ingersoll.
- **I authorize YMCA officials to secure medical/emergency treatment and transportation for my camper should the need arise for such action as determined by Camp Nurse, or if unavailable, other certified YMCA and/or Camp Staff.**
- I understand this is not an extensive list of policies or procedures. It is my responsibility to read the Parent Handbook attached to the confirmation email which describes policies in more detail.
- **We are required by the state to have completed health history forms for each camper prior to attending camp. If you do not provide a health form your camper will not be able to attend camp. Forms are online and can be found at [www.campingersoll.org](http://www.campingersoll.org). They MUST be completed by the family physician and guardian/s before the camper(s) attends camp. Physicals are valid for three years. There are no refunds if campers are unable to attend due to lack of health form.** \*A separate copy of this agreement will be in your confirmation packet. More policies and information can be found in the Parent Handbook at: [www.campingersoll.org](http://www.campingersoll.org). Please read and review all information and expectations with your camper.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# YMCA Camp Ingersoll Individual Care Plan

Child's Name \_\_\_\_\_ Date of Care Plan 6/14/21 to 8/23/21

Child's Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Program Site: YMCA Camp Ingersoll

## Special Health / Behavioral Concerns: *If necessary, please specify on the line provided.*

- Allergies (food, medication, insects, environmental, etc) \_\_\_\_\_
- Asthma \_\_\_\_\_
- Vision / Hearing / Speech (glasses, ear tubes, etc.) \_\_\_\_\_
- Chronic Illness \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Seizures \_\_\_\_\_
- Dietary Needs \_\_\_\_\_
- Developmental Variations \_\_\_\_\_
- Emotional / Behavioral \_\_\_\_\_
- History of Contagious Disease \_\_\_\_\_
- Other \_\_\_\_\_

## Symptoms / Medication / Process of Care

*For each "Yes" answer listed above, please provide the following information.*

#1 Health Concern: \_\_\_\_\_

Symptoms: \_\_\_\_\_

On-Site Medication:  Yes  No \_

Steps of Care:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Additional Information: \_\_\_\_\_

#2 Health Concern: \_\_\_\_\_

Symptoms: \_\_\_\_\_

On-Site Medication:  Yes  No \_

Steps of Care:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Additional Information: \_\_\_\_\_

#3 Health Concern: \_\_\_\_\_

Symptoms: \_\_\_\_\_

On-Site Medication:  Yes  No \_

Steps of Care:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Additional Information: \_\_\_\_\_

Name of Health Care Provider: \_\_\_\_\_ Phone: (\_\_\_\_\_)\_\_\_\_\_

**Parent / Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*\* For Administrative Use Only \*\***

Benjamin Silliman, Camp Director: \_\_\_\_\_ Date: \_\_\_\_\_

Taylor Savage, Asst. Camp Dir.: \_\_\_\_\_ Date: \_\_\_\_\_

Unit Director: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor: \_\_\_\_\_ Date: \_\_\_\_\_

Nurse Signature \_\_\_\_\_ Date: \_\_\_\_\_

# Authorization for the Administration of Medication

In Connecticut, licensed Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the CT State Statutes and Regulations. Parents/guardians requesting medication administration to their child while at camp shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription. All unused medication shall be destroyed if not picked up within one week following the camper's departure at the end of camp.

## **Authorized Prescriber's Order (Physician, Dentist, Physician Assistant, Advanced Practice Registered Nurse):**

Name of Child \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Today's Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Medication Name \_\_\_\_\_ Controlled Drug?  YES  NO

Dosage \_\_\_\_\_ Method \_\_\_\_\_ Time of Administration \_\_\_\_\_

Specific Instructions for Medication Administration \_\_\_\_\_

Medication Administration: Start Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Stop Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Is this medication to be self-administered by the child?  Yes  No

Relevant Side Effects of Medication \_\_\_\_\_

Plan of Management for Side Effects \_\_\_\_\_

Known Food or Drug Allergies?  YES  NO Reactions to?  YES  NO Interactions with?  YES  NO

If "yes" to any of the above, please explain \_\_\_\_\_

Prescriber's Name \_\_\_\_\_ Phone Number ( ) \_\_\_\_\_

Prescriber's Address \_\_\_\_\_ Town \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_

## **Parent/Guardian Authorization:**

I request that medication be administered to my child as described and directed above.

I request that medication be self-administered to my child as described and directed above.

Name of Camp \_\_\_\_\_ Today's Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Child's Name \_\_\_\_\_ Address \_\_\_\_\_ Town \_\_\_\_\_

Name of Parent/Guardian Authorizing Administration of Medication as described and directed above:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Relationship to Child:  Mother  Father  Guardian/Other explain: \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Phone Number ( ) \_\_\_\_\_

Signature of Parent/Guardian Authorizing Administration of Medication \_\_\_\_\_

**Name of Camp Personnel Receiving Written Authorization and Medication** \_\_\_\_\_

**Title/Position** \_\_\_\_\_ **Signature (in ink)** \_\_\_\_\_



CAMPER NAME \_\_\_\_\_

\* BUS SCHEDULE MAY BE ADJUSTED BEFORE 2021 SUMMER. IF SO YOU WILL BE NOTIFIED VIA EMAIL \*\* BUSES MAY RUN 5-10 MINUTES LATE ON THE FIRST DAY OF EVERY SESSION\* CAMPER MUST USE SAME STOP FOR PICK UP AND DROP OFF \*

<b>Bus 1</b>	<b>AM</b>	<b>PM</b>	
Cromwell Middle School	8:15	4:55	6 Mann Memorial Drive, Cromwell
West Hill School	8:30	4:40	95 Cronin Dr. Rocky Hill
Wethersfield Shopping Center	8:40	4:25	1129 Silas Deane Hwy, Wethersfield (Panera)
<b>Bus 2</b>	<b>AM</b>	<b>PM</b>	
Wesley School	8:15	4:50	10 Wesleyan Hills Rd, Middletown
Haddam Elementary	8:35	4:30	272 Saybrook Rd, Higganum
Chatham Court	8:50	4:10	Intersection of Chatham Court & Riverside St.
<b>Bus 3</b>	<b>AM</b>	<b>PM</b>	
East St. & Westlake Dr.	8:15	4:50	Intersection of Westlake and East St. On East St. gazebo
Pierson Park	8:25	4:35	5 West St, Cromwell CT (after Police Station)
Middlesex YMCA	8:35	4:20	99 Union St, Middletown – Bottom Parking lot
MacDonough School	8:45	4:10	66 Spring St, Middletown
<b>Bus 4</b>	<b>AM</b>	<b>PM</b>	
Allyn Brook Park	8:15	4:50	50 Pickett Lane, Middlefield
Middlefield Community Center	8:30	4:35	405 Main St, Middlefield
Moody School	8:40	4:20	300 Country Club Rd
<b>Bus 5</b>	<b>AM</b>	<b>PM</b>	
Elmer Thienes School	8:15	4:55	25 School Drive, Marlborough
Rt 16&149 (Westchester Market)	8:30	4:35	493 Westchester Rd Rd, Colchester
Congregational Church (E. Hampton)	8:45	4:15	99 Main St, East Hampton
<b>Bus 6</b>	<b>AM</b>	<b>PM</b>	
Glastonbury High School	8:25	4:40	330 Hubbard St, Glastonbury, on Side by gym
Gildersleeve School	8:45	4:10	565 Main St, Portland
<b>Bus 7</b>	<b>AM</b>	<b>PM</b>	
St. Dunstan's Church	8:30	4:30	1345 Manchester Rd, Glastonbury
<b>Bus 8</b>	<b>AM</b>	<b>PM</b>	
Hopewell School	8:30	4:35	1068 Chestnut Hill Rd, South Glastonbury
South Congregational Church	8:40	4:15	949 Main St, South Glastonbury

CAMPER NAME \_\_\_\_\_

### **Bus Policy**

We understand that bussing is a convenience to some families, but a necessity to others. In an effort to expand our transportation options to reflect pre-pandemic levels, we plan to enlist eight daily buses that will bring campers to and from Ingersoll. Once again, families will be able to attend AM OR PM care and therefore, choose an afternoon or morning bus option. The cost will be \$25, per camper, per session. We waive the fee for families that qualify for Tier C- Open Doors.

Riding the bus is a privilege. We will follow all necessary Covid 19 protocols necessary when camp begins. Monitors will inform camp, and parents, of any issues on the bus (teasing, bullying, inappropriate language or touching, etc.). Constant behavioral issues, or substantial safety issues, will result in loss of bus riding privileges.

Bussing is available on a first come first serve basis. Our primary method of communication about specific bus delays is the email you provide during registration. We also use our Facebook page to notify families if all buses are departing camp more than 5 minutes late. Below is a brief explanation of the bus policy that each of our bus monitors follow. **An extensive bus policy can be found in our Parent Handbook and Parent Agreement that must be signed during registration. You will be emailed a copy after you have completed registration.**

#### **AM Bus:**

The check in procedure will be adjusted to reflect current Covid-19 requirements.. We will introduce Bus Monitors (along with adjusted policies / procedures / expectations) via email prior to the first day of the session. They will arrive early (15 minutes) to the first stop on the first day of the session in order to complete the current bus procedure. Please note that morning buses leave the stop at the time listed on the pre-session email to make sure everyone arrives to camp on time.

#### **PM Bus:**

The check-out procedure will be adjusted to reflect current Covid-19 requirements. **If parents would like change how their campers get home, they must provide a note, or call camp prior to 3:00pm.** Unless campers have written permission to "Wait Unattended", all campers must be signed off the bus by their parent / guardian or an approved emergency contact. All adults picking up campers should bring their photo ID with them every single day. A bus will only wait 5 minutes past a scheduled stop time. Parents will then have to pick up at the next stop or at Camp Ingersoll.

CAMPER NAME \_\_\_\_\_

**CAMPER NAME:** \_\_\_\_\_ **Sessions:** (circle all that apply)    **1**    **2**    **3**    **4**

**PLEASE READ CAREFULLY:**

- Circle one type of sandwich for each day of the week (on a white SUBWAY roll)
- Circle “add cheese” under each column to add cheese to that day’s sandwich (American Cheese Only)
- Circle “add Let & Tom” under column to add lettuce and tomato if you would like either
- Selections will repeat themselves during the second week of the session (and from session to session)
- A fruit selection will be added in the lunch every day which may include: apple slices or watermelon
- Orders must be received by fax, mail or email no later than Wednesday of the week before the start of the session
- If you leave any days blank or do not submit this menu, your child will receive a turkey and cheese sandwich
- Be sure to check one drink choice per day (if none are selected your child will receive a water)

**If you have already sent in a menu or would like to repeat a menu from a previous session, please disregard this menu.**

**Size selection (please circle one):    4” Sub        6” Sub**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Ham	Ham	Ham	Ham	Ham
Turkey	Turkey	Turkey	Turkey	Turkey
Bologna	Bologna	Bologna	Bologna	Bologna
Salami	Salami	Salami	Salami	Salami
Tuna	Tuna	Tuna	Tuna	Tuna
Veggie	Veggie	Veggie	Veggie	Veggie
<u>add cheese</u>	<u>add cheese</u>	<u>add cheese</u>	<u>add cheese</u>	<u>add cheese</u>
<u>add let &amp; tom</u>	<u>add let &amp; tom</u>	<u>add let &amp; tom</u>	<u>add let &amp; tom</u>	<u>add let &amp; tom</u>
<u>Drink (check)</u>	<u>Drink (check)</u>	<u>Drink (check)</u>	<u>Drink (check)</u>	<u>Drink (check)</u>
<input type="checkbox"/> Iced Tea	<input type="checkbox"/> Iced Tea	<input type="checkbox"/> Iced Tea	<input type="checkbox"/> Iced Tea	<input type="checkbox"/> Iced Tea
<input type="checkbox"/> Fruit Punch	<input type="checkbox"/> Fruit Punch	<input type="checkbox"/> Fruit Punch	<input type="checkbox"/> Fruit Punch	<input type="checkbox"/> Fruit Punch
<input type="checkbox"/> Lemonade	<input type="checkbox"/> Lemonade	<input type="checkbox"/> Lemonade	<input type="checkbox"/> Lemonade	<input type="checkbox"/> Lemonade
<input type="checkbox"/> Water	<input type="checkbox"/> Water	<input type="checkbox"/> Water	<input type="checkbox"/> Water	<input type="checkbox"/> Water

CAMPER NAME \_\_\_\_\_

## YMCA Camp Ingersoll Bagged Lunch Program

Dear Families,

Thank you very much for participating in our Bagged Lunch Program. We are very pleased to be working with SUBWAY of Portland in order to provide this convenient and high quality product.

On the back of this note is the **menu choice form**. It very important that you complete it and return it to us **as soon as possible**. We have made the choices few and simple to ensure that even finicky eaters will have a high quality lunch.

Lunches will include the sandwich and drink of choice as well as chips, a hand held fruit, and a cookie. Please read the instructions at the top of the menu choices carefully.

If you have questions, please call us at 860-342-2267. And once again, from the friends at SUBWAY and the staff of YMCA Camp Ingersoll, we thank you for your participation.

Best Wishes,

Ben Silliman  
Camp Director



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**YOUTH CAMP HEALTH EXAM/RECORD  
FOR CAMPER AND STAFF**

Physical Exams Are Valid For 3 Years From Date of Last Examination

**Please Return Completed Form to the Camp on or prior to June 1, 2022**

- Camper  
 Staff

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_

Guardian Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_

Date of Arrival at Camp: \_\_\_\_\_ Departure Date: \_\_\_\_\_

**Parent or Guardian Authorization (required for all persons under age of 18)** This health history is correct so far as I know, and the person named above has permission to participate in all camp activities except as noted by me or the examining physician. If I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and order injection, anesthesia for surgery for the person name above.

**Parent or Guardian Signature** **X** \_\_\_\_\_ Date \_\_\_\_\_

**TO BE COMPLETED BY THE SPECIFIED MEDICAL PRACTITIONER:**

\_\_\_\_\_ May participate in all camp activities

**Date of Exam** \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ May participate except for: \_\_\_\_\_

Medical information pertinent to routine care and emergencies: \_\_\_\_\_

Is this individual taking prescription or over the counter medication(s)?  YES  NO If yes, indicate names of medication(s): \_\_\_\_\_

Does the individual have allergies?  YES  NO Explain: \_\_\_\_\_

Is the individual on a special diet?  YES  NO Explain: \_\_\_\_\_

Does the individual have special needs?  YES  NO Explain: \_\_\_\_\_

This camper/staff is up-to-date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

	Yes	No		Yes	No
<b>Measles</b>			<b>Hepatitis B</b>		
<b>Mumps</b>			<b>Diphtheria</b>		
<b>Rubella</b>			<b>Pertussis</b>		
<b>Chickenpox</b>			<b>Pneumococcal conjugate</b>		
<b>Tetanus</b>			<b>Polio</b>		

Comments: \_\_\_\_\_

Print name of medical care provider: \_\_\_\_\_

Medical care provider's address: \_\_\_\_\_

Medical care provider's: City/Town \_\_\_\_\_ ST \_\_\_\_\_ Zip Code \_\_\_\_\_

Signature of Physician, PA, APRN or RN: **X** \_\_\_\_\_

Date Form Signed \_\_\_\_\_ Telephone Number \_\_\_\_\_

**Mail or Bring to: Middlesex YMCA, Attention: Amy Cardoza 99 Union Street, Middletown, CT 06457.**

**Email: [acardoza@midymca.org](mailto:acardoza@midymca.org) Fax: 860-342-2267**

**YMCA Camp Ingersoll  
94 Camp Ingersoll Rd. Portland, CT 06480  
P 860.342.2267 F 860.343.6254 [www.campingersoll.org](http://www.campingersoll.org)**



Last Name:

First Name:



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Parent Communication**

We strive to provide families with all the information needed for our campers to have a successful summer. Last year, we learned that among uncertainty, consistent and intentional communication alleviated much of the anxiety and concern over sending kids to camp during Covid-19. We will continue to give regular updates around the status of this summer, especially as we get closer to the Spring and Summer. Here are a few ways we communicate with parents:

**Emails** – We use email as our primary method of communication, including bus information/delays, start of the session information, and policy or procedure adjustments. Be sure to check you have your current email on file during registration.

**Online** – Our website, [www.campingersoll.org](http://www.campingersoll.org), contains useful information about YMCA Camp Ingersoll, your camper's day, and printable forms such as Physicals, Medication Administration, and our Parent Handbook. Be sure to check out our YouTube Channel and join YMCA Camp Ingersoll on Facebook and Twitter for daily pictures and camp news.

**Counselor Phone Calls** – All families receive a phone call from our counselors introducing themselves and answering any general camp questions you may have. These calls will take place on the 2<sup>nd</sup> day of every session, during the camp day, and may come from a private number. We understand some parents may be busy. Counselors will try to leave messages on your voicemail (if your voicemail is set up and not full), are available on Family Nights, and may be available on their break periods if you make a return call to camp at 860-342-2267.

**Progress Sheets:** Our Wee Wonder and Kiddy Kamp campers take home daily progress sheets. In an effort to provide consistent communication to families with older campers, all other camp units will take home progress sheets on Fridays. They will communicate which activities campers took part in and highlights of the week.

**Session Calendar** – Included in our introduction email and distributed at camp, it details themes, dress up days, and reminders about Family Night.





## Frequently Asked Questions

### 1. How do I Register?

Online registration at [CampIngersoll.org](http://CampIngersoll.org) is the best. Please read **ALL** directions at the beginning of **EVERY** step and your camper will be registered in no time. Contact camp for paper registration.

### 2. What should my camper bring each day?

Campers **must** bring closed toe shoes/sneakers – reusable water bottle – towel – swimsuit – sunscreen – lunch – backpack - an extra change of clothes. **PLEASE LABEL ALL ITEMS!**

### 3. Can my camper have a phone at camp?

We understand why parents may want their campers to have phones. **Electronics cannot be used at camp**, but campers can keep phones in their bags. Our counselors provide engaging and varied activities for all campers which focus on social interactions, relationship building, and positive engagement. If phones are seen at camp counselors first ask campers to put them away and eventually move to keep the phone in the office until a parent can pick it up.

### 4. Can I pick my child up early?

Parents must notify camp prior to 3:00. Please pick your camper up **BEFORE 3:15pm or at Parent Pickup at 4:00**. Children will only be released to individuals with a **valid photo ID** and listed on the registration form. Campers **MUST** be signed out.

### 5. What if my camper needs medication?

Complete and submit the “Authorization to Administer Medication” form. Forms are available online and by request. Medications must be in original, labeled container.

### 6. Do you apply sunscreen at camp?

Sunscreen should be applied by parents in the morning. Counselors will help reapply after each swim session and lunch if the parent provides it.

### 7. How can I find lost camp items?

The most successful method of finding lost items is being preemptive in **labeling ALL items (first and last name) that come to camp with a permanent marker**. Those items will be returned to campers during opening or closing ceremonies. Other, non-labeled, items will be displayed at the amphitheater to be claimed (**most non-labeled clothes are never claimed and therefore, donated at the end of the session**).

### 8. Will camp be safe if Covid-19 is still present in our communities?

Similar to last year, we work closely with the Chatham Health District, Department of Public Health, CT and RI YMCA Alliance, and the Office of Early Childhood to meet or exceed all Covid-19 guidelines and requirements. We prepare to keep campers as safe as possible through distancing groups, sanitizing and cleaning, limiting capacity, adjusting procedures for bussing, parent drop off and pick up, and AM/PM care and more.

### 9. How can I get more information?

- For registration questions please contact Amy Cardoza, Camp Registrar, at 860-342-2267 or [acardoza@midymca.org](mailto:acardoza@midymca.org)
- You can reach Benjamin Silliman, Camp Director, at 860-342-2267 or [bsilliman@midymca.org](mailto:bsilliman@midymca.org)
- For forms and more information please visit [CampIngersoll.org](http://CampIngersoll.org). For pictures, videos, and daily information visit us at [facebook.com/campingersoll](https://facebook.com/campingersoll).

