

YMCA CAMP INGERSOLL 2025

FRIENDS • MEMORIES • ADVENTURE



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CAMPINGERSOLL.ORG

WELCOME TO OUR YMCA CAMP INGERSOLL FAMILY!

I wrote a letter for the 2018 Brochure saying farewell to our Waterfront Director, my brother, after working 17 years together at Ingersoll. He left camp to spend more time with his growing family during his summer break. In 2024, seven years later, I had the privilege to see his oldest daughter attend camp for the first time. I saw her playing with friends, laughing at skits, cheering for me to get a pie in the face, and becoming more comfortable walking to her beloved counselor Cassie every single morning. It was everything we want to provide at camp and an experience I have observed countless times previously.

What was unfamiliar were the questions and conversations that would engage us at Grandma's house during Pizza Party Fridays. What did the pie in the face taste like? What is next week's dress up day? Do you know what award my counselor gave me? Where does Ug (Ingersoll's resident Cave Dweller) live? What does Ug smell like? Can Ug talk? Most questions and stories revolved around Ug! Even more surprising, these conversations lasted well into the fall and were often initiated by nieces and nephews who had never attended camp.

The impact of camp is not isolated to an individual camper or the camp day. I observed the growth, excitement, and magic of camp spreading throughout our entire family. My niece would describe how she earned her value beads and use her actions at camp to demonstrate values to her cousins. Her stories of camp lore were enthralling and would lead to questions and opportunities to use her imagination to progress these tales even further. Her confidence grew through the daily challenges she encountered at camp whether intentionally created at the ropes course, or a consequence of the environment such as hot or rainy weather. She learned to be more flexible and advocated for herself at home.

My niece's camp experience was not always perfect. She lost her socks, water bottle, and a shoe on more than one occasion – all returned thanks to labeling them with her first and last name! There were hot days, and some overflowing emotions. The skills and experiences gained through camp supported her through these times and gave her perspective to overcome future challenges. Your camper(s) will garner similar skills through their camp experience. Be prepared to go boating and climbing on family nights, listening to stories about cave dwellers, wacky wizards, and shenanigans, and possibly even getting your very own pie in the face! I welcome you into our 2025 camp family and can't wait to see you this summer!

Ben Silliman, Camp Director



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INGERSOLL ESSENTIALS

PRIORITY REGISTRATION:

Begins Wednesday, January 29 (returning families only)

GENERAL REGISTRATION:

Begins Tuesday, February 4

OPEN HOUSE DATES:

Saturday, May 3, 2-4 PM

Saturday, May 31, 2-4 PM

FAMILY NIGHTS:

Thursday, June 26 • Thursday, July 10
Thursday, July 24 • Thursday, August 14
See page 17 for additional information.

SESSION DATES:

PREVIEW WEEK: June 16-June 20

THEME: Legends in the Making: Heroes All Around Us

SESSION 1: June 23-July 3 (No camp July 4)

THEME: Throwback Thrills: Old School, New Cool

SESSION 2: July 7-July 18

THEME: Unleash the Beat: So, You Think You Can Dance

SESSION 3: July 21-August 1

THEME: Medieval Quest: Dungeons, Dragons and Destiny

SESSION 4: August 4-August 15

THEME: Channel Chasers: Explore the World of TV

F.L.A.S.H. Camp: August 4-August 7

(Fun Learning Adventure Skills Half Session Camp)

F.L.A.S.H. Camp is a Traditional Camp and is co-ed

FINALE WEEK: August 18-August 22

THEME: Tides and Tires: Ride the Waves, Roam the Roads



REGISTRATION ESSENTIALS

WHAT YOU WILL FIND: This brochure highlights the unique opportunities available at Camp Ingersoll. You will find information about camp programs, bussing, extended day options, and our initiatives to promote the growth of our campers by demonstrating values, learning skills and making friends!

HOW TO REGISTER: A life changing camp experience is just a click away! Visit CampIngersoll.org to register online or learn more information about camp. Please be sure to read all the instructions carefully and do not hesitate to call the Camp Office at 860-342-2267 with questions.

OUTDOOR CENTER: Our Outdoor Center membership (OC) is changing. Swimming will no longer be a part of the Outdoor Center Membership due to staffing constraints and community interest. The OC is open from sunrise to sunset when camp is not in session. Families with an OC membership can use the slide, play on the courts, fish, walk, ride bikes, play disk golf, and explore camp grounds. OC members still receive a discount on parties but the membership fee has been greatly reduced: \$25 per family. We understand this may be disappointing to some families but we hope it makes camp more accessible overall.

THEMES – Every session follows the themes listed above. These themes influence special activities, i.e.: scavenger hunts, Wacky Wednesday dress-up days, special crafts, and activities. Every family receives a Theme Calendar and other important information at least a week prior to the start of the session via email.

F.L.A.S.H. CAMP– Friends Learning Adventure Skills Half Session Camp is a coed, one-week, program designed specifically for families who may be away for the second half of session 4. This option is available for traditional camp. Campers must register for The F.L.A.S.H. Camp session; this is not a split session.

BUSSING – We will continue to provide eight buses this summer. There will be a \$32 fee per camper per session. Financial Assistance is available for qualifying families. Please read our bus policy on page 10 to understand our expectations while riding the bus.

WE'RE MORE THAN A CAMP – You've heard it before "We're more than a camp, we're a family". Our camp also hosts facility rentals, team-building groups, school staff convocations, dance recitals, company picnics, mountain biking races, the 18-hole Kehl Family Disc Golf Course and more.

“Besides just the fun and friends, they have learned the importance of making a positive impact on their environment and each other.”

“Overall great camp experience. Dance Camp was amazing and I’m so glad that I was able to expose my daughter to it.”

“We loved the positive reinforcement with the colored beads!”

“Over the years, camp has helped teach my children valuable lessons in independence and advocating for themselves.”



“I was also impressed by how smoothly pick up and drop off were, thank you!!”

“My kids had a great time.”



“My kids loved their experience... thank you!”



“I never thought she’d get in a boat but with the support of Ingersoll, she came to LOVE boating.”

“The staff is amazing and enough cannot be said about how well they are with the kids. The energy they emit is infectious. The whole camp does an amazing job.”

WHAT WE DO AT CAMP

Our staff intentionally celebrate camper accomplishments, values, and personal development through our value bead system, Camper Hero of the Day, individual group initiatives, and more. Our camp day begins as campers head up to the Henry Coe Amphitheater for Flag shortly after 9 a.m. in their co-ed groups. Campers recite the Pledge of Allegiance, the Inger-Pledge when they pledge to “do my best in every way, accept challenges big and small and pledge my heart to Camp Ingersoll”, listen to daily announcements, and share excitement as skits are performed and special activities are announced. Listed below is a sample schedule for traditional camps. Specialty camps follow a similar schedule with the exception of only one free swim period and 2-3 periods devoted to their specialty interest every day. Most Specialty Camps participate in specialty-devoted activities in the morning.

TWO SWIM PERIODS (only one for specialty camps): Traditional camps have swim lessons every morning and participate in free swim every afternoon. Specialty Camps have one free swim period in the afternoon. All parents will have a chance to opt out of swim lessons during registration. Campers opting out go to a designated area with equipment and games.

ONE SPECIALTY AREA: Ropes, Archery, Boating, A&C. Campers will participate in a different Specialty Area every day.

LITERACY: Counselors read or lead literacy activities for at least 30 minutes every day.

LUNCH: Locations vary from tables to towels, the beach to the woods. The week ends with Campfire Fridays.

COUNSELOR PLANNED ACTIVITIES: active games, circle games, arts and nature based activities, etc. . .

SAMPLE SCHEDULE:

GREETING 9:00-9:30	Attendance, Name Games, Camper Engagement, Announcements and Skits at the Amphitheater
PERIOD 1 9:30-10:15	Emergency Procedures Name Games, Value Contracts (Responsibility, Pavilion)
PERIOD 2 10:15-11:00	Ice Breakers: Trading Places, Elbow Tag (Honesty, Corbin Beach)
PERIOD 3 11:00-11:45	Swim Testing (First Day) Swim Lessons (Waterfront)
PERIOD 4 11:45-12:30	Lunch (Upper Sports)
PERIOD 5 12:30-1:15	Capture the Flag (Respect, Upper Sports)
PERIOD 6 1:15-2:00	Picking a Book, Reading Time, Choose Group Name (Family, Picnic Grove)
PERIOD 7 2:00-2:45	Ropes: Rules, Teambuilding, Low Ropes (Communication, Ropes)
PERIOD 8 2:45-3:30	Basketball and Hockey (Courts)
DISMISSAL 3:30-4:00	Review Bus # and Drop Off (Amphitheater/Fields)

TRADITIONAL CAMP UNITS:

WEE WONDERS (4-5 YEARS • 1:6 RATIO)

A fun day of exciting (active games) and stimulating (crafts, reading, etc.) activities focused on learning how to make friends and interact with peers in co-ed groups.

KIDDY CAMP (ENTERING 1ST GRADE • 1:8 RATIO)

Specialty areas give campers more freedom and independence while counselor planned activities continue to strengthen social development within co-ed groups.

YOUNGERS (ENTERING GRADES 2 TO 3 • 1:12 RATIO)

Activities teach campers how to work together while specialty areas offer more advanced challenges for the young adventurers in co-ed groups.

MIDDLES (ENTERING GRADES 4 TO 5 • 1:12 RATIO)

Transition between introductory activities to more challenging skills, concepts, and even modified skill clinics in co-ed groups.

CAMP INGERSOLL OLDERS 1 (ENTERING GRADES 6 TO 7 • 1:12 RATIO)

Counselors plan week long skill clinics based on camper interest. Campers sign up as individuals or plan activities as a group.

CAMP INGERSOLL OLDERS 2 (ENTERING GRADES 8 TO 9 • 1:12 RATIO)

Depending on Covid-19 policies, campers sign up as individuals or plan activities as a group. Skill clinics place greater emphasis on team building, problem solving, and leadership development.

COUNSELOR-IN-TRAINING (CIT) (AGES 14 TO 15)

Counselor-in-Training (CIT) prepares our oldest campers to have fun working at camp, or in any professional setting, while gaining practical experience while working with counselors and campers. CITs are interested in supporting counselors while learning facilitation and behavior management essentials from the CIT Director.



FUN AND FAMILY: We Grow Together!

We understand the essential foundation that social emotional health creates for the development of our campers. Our camp structure is intentional and designed to meet these social emotional needs by providing choice (within guidelines), non-guardian role models, a natural and inclusive environment, appropriate risk, and trained staff. We cannot eliminate conflict, teasing, or occasional behavioral challenges, but we can provide our campers with tools to overcome these challenges and the support to practice their skills in a safe environment! We utilize this 77-acre outdoor environment to create an inclusive camp community designed to celebrate, challenge, teach, and connect our campers to their diverse Camp Family. We will ensure our campers learn, laugh, love, and stay safe by:

- Ⓞ Certifying staff in CPR and First Aid
- Ⓞ Selecting staff who live by values and excel as members on a team
- Ⓞ Maintaining small groups with consistent leadership and support
- Ⓞ Teaching skills, making friends, and creating memories
- Ⓞ Building confidence and self-respect by supporting camper interests and initiatives
- Ⓞ Exposure and interaction with diverse people, cultures, experiences, and conflict resolution
- Ⓞ Practicing conservation and healthy habits in a natural environment
- Ⓞ Preparing campers to be problem solvers, critical thinkers, and leaders
- Ⓞ Taking a camper-centered approach to understanding choices, managing behavior, and resolving conflict

TIERED PRICING

Our mission is to provide accessible, and positive, experiences for all camp families. Costs are rising and as a non-profit, we are experiencing similar surges. In order to remain sustainable, we must raise our fees. Many families will be able to pay for this increase, but financial situations and abilities to pay for camp differs between households. In an effort to minimize the financial impact on families, we use a four tier pricing structure. We use this tiered based pricing system to create a more equitable cost for our diverse community. Please choose the tier that is most suitable for your family. All children will have the same experience. Tier selections are confidential and applied while registering.

TIER A – Based on the True Cost of campers participating in the selected programs. It includes direct expenses, field trips, partial busing, and more. If you are able to pay this amount, please do so. Thank you.

TIER B – A subsidized rate (about 6%) for families whose children would not be able to attend camp otherwise. If you're unable to afford Tier A, please pay this amount. Thank you.

TIER C – A subsidized rate (about 14%) for families whose children would not be able to attend camp otherwise. If you're unable to afford Tier A or B, please pay this amount. Thank you.

TIER D: OPEN DOORS – Families with a Total Household Income up to \$80,000 are eligible for enrollment. This option provides financial assistance for families who qualify for greater support. Families fill out an application based on Total Household Income and are provided assistance on a sliding scale. Receive applications at CampIngersoll.org, by calling, or by visiting the YMCA.

MY TIME – My Time funding provides campers who have an immediate family member diagnosed with Cancer a chance to be kids at camp. Families focus on their well-being without the stress of not knowing what to do in the summer. Please call the office if your family qualifies for My Time funding.

THE MID FUND – Thanks to a generous donor, we are able to provide funding for middle-income families through the Mid-Fund. This fund is for middle-income families who do not qualify for financial aid but still find it difficult to pay for camp, especially due to layoffs or unforeseen circumstances. Please contact our Camp Registrar, Rools Elysee, for more information at 860-342-2267 or relysee@midymca.org.



BEFORE AND AFTER CAMP CARE

AM and PM care is offered at Camp Ingersoll in Portland. Families register for AM / PM care together, or choose one or the other. Families drop off campers between 7:00 AM – 8:45 AM and pick up between 4:15 PM – 6:00 PM. We provide morning and afternoon snacks. Please see page 14 for pricing info.

LUNCH IS IN THE BAG!

YMCA Camp Ingersoll partners with Subway to make fresh, high-quality lunches available to campers. This convenient option is available by the session. Please see page 14 for pricing info. Families complete menus during online registration.

PAYMENT INFORMATION

In an effort to spend more time supporting families throughout the registration process and during the summer, we have transitioned to an electronic payment process. We accept e-check, MasterCard, Visa, or Discover.

PAY IN FULL: Pay off the entire balance upon registration!

AUTOMATIC DRAFT: We divide your balance into monthly payments through August. Choose a draft date of the 1st or 15th of each month.

FULL REFUND: Cancel your registration before March 1st for a full refund including your deposit.

FULL REFUND MINUS DEPOSIT: Cancel your registration more than 30 days before the start of the session and receive a full refund minus the deposit, \$20 membership fee and \$10 camp improvement fee.

50% REFUND: Cancel your registration between 15-30 days before the start of camp to receive a 50% refund minus the deposit, \$20 membership fee and \$10 camp improvement fee..

NO REFUND: Refunds will not be issued for cancellations within 15 days from the start of camp.

YMCA CAMP INGERSO

Specialty areas provide the perfect opportunity for campers to
Specialty Areas Activities are directed by trained and/or certified leaders who
The Challenge Course, Swimming, Boating, and Archery are open during family nights

ARCHERY

At Archery we emphasize the importance of safety, patience, and body control. Campers learn the proper stance, grip, draw, and release to celebrate the success of hitting a bullseye. As campers improve, we adapt the environment to create new challenges and teach advanced skills.



BOATING

Kayaks, paddleboards, and canoes provide a variety of learning opportunities at Boating. Fitting a lifejacket, holding the paddles, and navigating are just a few of the skills your campers will learn from boating on Job's Pond.



SWIMMING

Lifeguards swim test every camper on the 1st day of every session to ensure safety and to designate the zones in which they may swim. Our swimming zones accommodate beginner to advanced swimmers. Traditional campers become more confident and learn basic skills every morning during swim lessons. Job's Pond is the perfect place for campers to cool off, improve their skills, and have fun!



ALL: SPECIALTY AREAS

to learn skills, connect with friends, and of course, **HAVE FUN!** design their programs to match the interests and skill levels of their groups. and families can experience the challenge, success, and camp excitement together!



SOCIAL-EMOTIONAL LEARNING

Groups participate in activities that promote self-reflection, positive self-esteem, effective communication, and emotion management. Activities are led by counselors and the Camper Support Coordinator to support the social growth of our campers in fun and engaging ways.

CHALLENGE ROPES COURSE

During the 1st week, the Ropes Director will guide groups through low ropes initiatives designed to challenge campers to work together, communicate effectively, and trust their peers. Campers create a supportive group that will enable them to overcome fears and reach new heights on our High Ropes Elements during the second week. Challenges are adapted to be age appropriate.



ARTS & CRAFTS

Each week at Arts & Crafts, campers will have the opportunity to express themselves in new and creative ways. The A&C director uses our Session Themes to plan and facilitate activities that capture the interests of each unit, challenge campers to use their imaginations, and utilize a variety of materials to create a take-home masterpiece.

2025 BUS STOPS

BUS SCHEDULE MAY BE ADJUSTED BEFORE 2025 SUMMER. PLEASE CHECK ALL AVAILABLE OPTIONS WHEN REGISTERING. BUSES MAY RUN 5-10 MINUTES LATE ON THE FIRST DAY OF EVERY SESSION. CAMPER MUST USE THE SAME STOP FOR PICKUP AND DROP OFF.

	AM	PM		AM	PM		AM	PM
COLCHESTER Route 16 & 149	8:05	4:45	HADDAM Haddam Elementary	8:25	4:35	WETHERSFIELD Wethersfield Shopping Center	8:40	4:25
CROMWELL Cromwell Middle School Pierson Park	8:00 8:20	4:55 4:35	MARLBOROUGH Elmer Thienes School	8:20	4:25	PORTLAND Gildersleeve Elementary Chatham Court	8:40 8:50	4:10 4:10
DURHAM Strong School	8:00	4:55	MIDDLEFIELD Middlefield Com. Center	8:15	4:40			
EAST HAMPTON Congregational Church	8:30	4:15	MIDDLETOWN East St. & West Lake Dr. Middlesex YMCA Moody School	8:00 8:30 8:25	4:50 4:20 4:30			
GLASTONBURY Glastonbury High School Hopewell School South Congregational Church St. Dunstan's Church	8:15 8:20 8:35 8:20	4:40 4:35 4:15 4:40	ROCKY HILL Elm Rocky Park	8:05 8:45 8:20	4:50 4:10 4:40			

PREVIEW & FINALE WEEK
ONLY 2 BUS STOP OPTIONS AVAILABLE:

	AM	PM
MIDDLETOWN Moody School	8:25	4:30
Middletown YMCA	8:45	4:10
GLASTONBURY Glastonbury High School	8:25	4:35
South Congregational Church	8:35	4:20



BUS POLICY

Bussing is a convenience to some families, but a necessity to others. We plan to enlist eight daily buses that will bring campers to and from Ingersoll. During registration, families will choose an AM and PM transportation option: bussing, AM or PM care, AM and PM Care, or parent pick up. The bus fee will be \$32, per camper, per session.

Riding the bus is a privilege. Monitors will inform camp and parents of any issues on the bus (teasing, bullying, inappropriate language or touching, etc.). Constant behavioral issues, or substantial safety issues, will result in loss of bus riding privileges.

Bussing is available on a first come first serve basis. Our primary method of communication about specific bus delays is the email you provide during registration and the texting feature through camp brain that you may opt in to during registration. Below is a brief explanation of the bus policy that each of our bus monitors follow. An extensive bus policy can be found in our Parent Agreement that must be signed during registration. You will be emailed a copy after you have completed registration.

AM BUS:

We will introduce Bus Monitors (along with bus policies and procedures) via email prior to the first day of the session. They will arrive early (15 minutes) to the first stop on the first day of the session in order to complete the current bus procedure. Following the first day, monitors will only arrive early enough to load the buses and depart on time. Guardians should not leave the stop until their camper is signed in by the bus monitor. Please note that morning buses leave the stop at the time listed on the pre-session email to ensure everyone arrives to camp on time.

PM BUS:

If parents would like change how their campers get home, they must provide a note, or call camp prior to 2:45 p.m. Unless campers have written permission to "Wait Unattended", all campers will be signed off the bus by their parent / guardian or an approved emergency contact. All adults picking up campers should bring their photo ID with them every single day. A bus will only wait 5 minutes past the stop time. Parents will then have to pick up at the next stop or at Camp Ingersoll.

NEW & IMPROVED AT INGERSOLL!

LEARNING FROM EXPERIENCE: We have gathered our feedback and are making adjustments to ensure this is the Best Summer Ever!

PROGRAMS: This summer offers more of what our campers want along with brand new Specialty Camps!

- **Volleyball** for campers entering grade 10–11. Does your CIT want to take a break and be a camper for one more session? Maybe being a CIT isn't as exciting for your camper as preparing for this year's volleyball tryouts. Our experienced players and coaches will provide a fun camp experience while also leveling up our campers' skills!
- **Disc Golf:** Take advantage of the Kehl Family Disc Golf Course at Ingersoll. Disc golf is for campers entering grades 6–9. Whether you are a beginner or an experienced player, Disc Golf camp will build a passion for enjoying the outdoors while participating in this easy-to-get-started, hard-to-master sport!
- **Arrow and Ascent:** Arrow and Ascent camp is a new climbing and archery specialty program for campers entering grades 4–6. Campers will spend 2–3 periods every day building confidence and their skills at archery and our ropes course.

2025 ADJUSTMENTS

- Last year, high water forced us to use our alternative beach for swimming. This year we will be back at our traditional beach located in front of our bathhouse. All campers will have the opportunity to change before and after swimming if necessary and less time will be spent traveling to and from changing, especially with the addition of new changing stalls located right on the beach.
- When you drive through camp at drop-off and pick-up or visit during family nights you will notice an increase of signage throughout our property. These signs are multi-purpose and serve to reinforce the intentionality we wish to instill in every activity area. You will see signs to limit arguments by creating uniform rules for activities like gaga, 4-square, and sandball. Some signs, such as our Values Wheel, will create opportunities to recognize campers demonstrating values throughout the camp day. Other signs, such as Healthy H.A.B.I.T.S. (Hydrate, Apply Sunscreen, Bathroom, Inspect for critters, Take Breaks, Show Values) will reinforce basic steps to stay safe while having fun at camp!
- We have already begun restructuring our staff training for 2025. Our staff participate in 40 hours of training focusing on youth development, behavior management, scheduling, facilitating activities, supervision, and safety. Based on parent feedback we will be prioritizing meeting the diverse needs of co-ed groups. We believe in the value of co-ed groups. Exposure to different passions, interests, and backgrounds is foundational to building empathy, understanding and acceptance. This summer, we are going to spend even more time building our staff skills to better redirect, inspire, resolve conflicts and connect campers!

OUTDOOR CENTER (OC) MEMBERSHIP: For years, we have been advertising our Outdoor Center as an opportunity for camp families to come together and spend time with each other. In 2025, our membership is changing. Families can register for an Outdoor Center Membership for \$25. This membership includes access to camp property for the entire year other than when camp is in session. Families have access to fishing, the slide, the courts, hiking and biking trails, the Kehl Family Disc Golf Course, and birthday party discounts. Swimming is no longer included in this membership.



●●SPECIALTY CAMPS●●



EXPERIMENTAL ARTS & CRAFTS: *(entering grades 3-5)* – In this exciting hands-on experience, campers will learn problem-solving, innovation, self-expression, and collaboration while completing creative projects with an emphasis on STEAM concepts.

STEAM: *(entering grades 5-8)* – Designed to immerse campers in the exciting principles of Science, Technology, Engineering, Art, and Math; campers have fun, make friends, and think creatively while they participate in planning, building, and carrying out daily experiments.

LET'S DANCE: *(entering grades 2-6)* – Learn basic dance routines and choreography. Both beginners and experienced dancers combine different genres of dance to put on a stage performance at Family Night.

VOLLEYBALL: *(entering grades 6-11)* – We will use skill-based games and activities to give campers the experience and development they need to try out for their middle / high school teams or have fun playing an exciting sport with friends! Campers will spend time every day on refining skills and enjoying playful games on both grass and sand courts.

MOUNTAIN BIKING: *(entering grades 3-9)* – A fun and instructional introduction to the world of Mountain Biking! Campers will learn riding techniques, bike maintenance, trail etiquette, biker safety, and have tons of fun along the way. This summer, bikers will be separated into two independent camps based on age.

CAN WE BUILD IT, YES WE CAN: *(entering grades 3-5)* – Imagine, design, create and compete using Legos®! Learn the tricks of the Lego® trade needed for creative builds, team builds, and a variety of challenges (car races, tallest towers, strongest bridges and more!).

NINJA WARRIOR: *(entering grades 3-5)* – Participate in exciting challenges, training regimens, and camp activities to gain strength, agility, speed, and stealth! Campers are in for a session of high-action adventures as they develop and become their own Ninjas by the end of the session. Includes a one-time trip to Trick Dynamix facility.

INGERSOLL ADVENTURERS: *(entering grades 3-5)* – An introduction to shelter building, fire starting, knot-tying, orienteering, and more. Includes a field trip canoeing down the Farmington River and a day trip hiking off-camp.

CAMPFIRE COOKING: *(entering grades 5-8)* – Grab your apron and let's get cooking! Campers cook daily meals while learning about fire-building, cooking safety, technique, nutrition, and essential tips for making new and classic outdoor cooking treats.

YOUNGERS FORT BUILDING: *(entering grades 3-5)* – Construct real tree forts with counselor-led instruction on using hand saws, hammers, and other basic tools while being introduced to more advanced tools. Campers will have fun, make friends, and work together while gaining a better understanding of construction.

OLDERS FORT BUILDING: *(entering grades 6-9)* – Construct real tree forts with counselor-led instruction on using more advanced tools and power equipment while continuing to practice the skills of using hand saws, hammers, and other basic tools to take your creation to the next level, all while making friends, working together, and gaining a better understanding of construction.

ALL SPORTS: *(entering grades 2-3)* – A fun and instructional introduction to all things sports! With an emphasis on teamwork and sportsmanship, campers will play the classics (soccer, football, basketball, volleyball, and more) as well as some new and exciting non-traditional games.

TUMBLING: *(entering grades 2-4)* – Campers will refine their balance while learning how to roll, summersault, cartwheel, handstand, and more. All learning will take place during instructional games and activities.

ADVENTURE GIRLS: *(entering grades 3-5)* – An introduction to outdoor adventures, shelter building, fire starting, knot-tying, orienteering, and more; this camp empowers young girls to build confidence, resilience, and lasting connections as they embark on journeys of exploration and teamwork!

LITTLE DRIBBLERS SOCCER: *(entering grades 3-5)* – Campers develop into strong soccer players through age-appropriate instruction and skill clinics all while having fun, working as a team, and making friends.

SOCCER: *(entering grades 6-9)* – In our new Soccer camp, campers will hone their skills through dynamic drills, engaging team activities, and friendly competitions, fostering both individual growth and teamwork on the court. This camp will give the athletes the experience and development they need to try out for their middle / high school teams or have fun playing an exciting sport with friends!

LITTLE BALLERS BASKETBALL: *(entering grades 3-5)* – Recreational fun and skill development in a progressive goal-oriented program that also focuses on friendship, teamwork, and sportsmanship.

BASKETBALL: *(entering grades 6-9)* – In our new Basketball camp, campers will hone their skills through dynamic drills, engaging team activities, and friendly competitions, fostering both individual growth and teamwork on the court. This camp will give the athletes the experience and development they need to try out for their middle / high school teams or have fun playing an exciting sport with friends!

BACK TO BASICS: ADVENTURE CAMPING: *(entering grades 6-9)* – Campers face challenges together on high/low ropes courses and continue to achieve new heights during a series of day trips including rock climbing, canoeing, hiking and more. Extended day trips include a cookout at Ingersoll and a canoe trip and extended day at Seldon's Neck Island on the CT River. (There will be no overnight trips.)

OLDERS ADVENTURE: *(entering grades 6-9)* – For older campers looking for more adventure and excitement, this camp focuses on creating opportunities to bond with new friends while enjoying time spent off-camp on fieldtrips including Nomads Adventure Quest, bowling, and mini golf.

FISHING: *(entering grades 3-8)* – Learn skills through instruction, challenges, and practice at Jobs Pond and other local hot spots including 5 field trips per session and a deep sea fishing trip.

HORSEBACK: *(entering grades 2-9)* – High-quality half-day lessons six days per session in riding and grooming. While not at the stables, campers are at Camp Ingersoll participating in camp activities that build relationships, teach values, and create memories! Horseback Experience travels to the barn every afternoon.

PARKOUR: *(entering grades 6-9)* – Campers are transported to Trick Dynamix six days per session where they will work with trained professionals to improve their Parkour skills of running, jumping, climbing, balancing, and more. Complete with team-building challenges, positive reinforcement, and a love for movement that you can't find anywhere else.

ROCKETRY *(entering grades 6-9)* – This camp is designed for campers to experiment with earth sciences, motion, magnets, and to have high flying fun while learning about propulsion, momentum, and the joy of building rockets.



SPECIALTY CAMP SAMPLER: *(entering grades 2-3)* – Campers are introduced to at least five different Specialty Camps! Try out a wide variety of camps including Fort Building, Ninja Warrior, Sports, Arts & Crafts, STEAM, and more!

THEATER: *(entering grades 6-9)* – Theater campers will learn the acting basics they need to create a successful scene: ensemble skills, improvisation, vocal clarity and expression, characterization, and more. They will learn script structure, stage directions, and how to give, receive, and apply feedback. They will also explore aspects outside of acting such as directing and simple set design. Campers will show off their skills with an on-stage performance at Family Night.

DISC GOLF: *(entering grades 6-9)* – Take advantage of the Kehl Family Disc Golf Course at Ingersoll. Whether you are a beginner or an experienced player, Disc Golf Camp will build a passion for enjoying the outdoors while participating in this easy-to-get-started, hard-to-master sport! Learn how to throw your putter, mid-distance, and driver backhand, forehand, at each unique basket on the course!

ARROW AND ASCENT: *(entering grades 4-6)* – Arrow and Ascent focuses on building climbing and archery skills throughout the session. Campers will spend 2-3 periods every day building confidence and their skills at their private archery range and on our high ropes course.

Specialty camps do not offer swim lessons, only one free swim period per day.

**FOR MORE INFO, PLEASE CONTACT
JULIA MCNALLY, 860.342.2267, OR
JMCNALLY@MIDYMCA.ORG**

2025 CAMP CHOICES

PREVIEW WEEK: June 16 – June 20
SESSION 1: June 23 – July 3 (no camp July 4)

SESSION 2: July 7 – July 18
SESSION 3: July 21– August 1

SESSION 4: August 4 – August 15
FINALE WEEK: August 18 – August 22

CAMP/ GRADE		SESSIONS	PRICE (\$)		
TRADITIONAL CAMPS					
Wee Wonders (PRE-K OR K)		1, 2, 3, 4	TIERED PRICING Tier A: \$598 Tier B: \$563 Tier C: \$513		
Kiddie Kamp (GR. 1)		1, 2, 3, 4			
Youngers (GR. 2 OR 3)		1, 2, 3, 4	TIERED PRICING Tier A: \$593 Tier B: \$558 Tier C: \$503		
Middles (GR. 4 OR 5)		1, 2, 3, 4			
Camp Ingersoll Olders (CIO) 1 (GR. 6 OR 7)		1, 2, 3, 4	TIERED PRICING Tier A: \$598 Tier B: \$563 Tier C: \$513		
Camp Ingersoll Olders (CIO) 2 (GR. 8 OR 9)		1, 2, 3, 4			
CIT (AGE 14+)		1, 2, 3, 4	\$300		
F.L.A.S.H. Camp: Traditional Camp (GR. PRE-K-9)		Session 4: August 4 – August 8	\$300		
SPECIALTY CAMPS					
Ingersoll Adventurers (GR. 3-5)		1, 2, 3, 4	TIERED PRICING Tier A: \$669 Tier B: \$635 Tier C: \$573		
Youngers Fort Building (GR. 3-5)		2, 3, 4			
Olders Fort Building (GR. 6-9)		1, 2, 3, 4			
Specialty Camp Sampler (GR. 2-3)		2, 3			
Mountain Biking (GR. 3-9)		1 & 2 (Gr. 3-9), 3 & 4 (Gr. 3-5)			
All Sports (GR. 2-3)		1, 2			
Little Dribblers Soccer (GR. 3-5)		3			
Little Ballers Basketball (GR. 3-5)		4			
Tumbling (GR. 2-4)		1			
Let's Dance (GR. 2-6)		1, 3			
Adventure Girls (GR. 3-5)		2, 4			
Ninja Warrior (GR. 3-5)		1, 2, 3, 4			
Can We Build It? Yes We Can! (GR. 3-5)		1			
Experimental Arts & Crafts (GR. 3-5)		1			
Arrow and Ascent (GR. 4-6)		4			
Campfire Cooking (GR. 5-8)		1			
STEAM (GR. 5-8)		1			
Volleyball (GR. 6-1)		1, 4 (Gr. 3-9), 2 (Gr. 10-11)			
Theater (GR. 6-9)		2, 4			
Soccer (GR. 6-9)		2			
Basketball (GR. 6-9)		3			
Rocketry (GR. 6-9)		3			
Disc Golf (GR. 6-9)		3			
TRAVELING SPECIALTY CAMPS					
Parkour (GR. 6-9)		2, 4	TIERED PRICING Tier A: \$833 Tier B: \$794 Tier C: \$725		
Horseback (GR. 2-9)		1, 2, 3, 4			
Fishing (GR. 3-8)		1, 2, 3, 4			
Olders Adventure (GR. 6-9)		1, 3			
Back to Basics: Adventure Camping (GR. 6-9)		4			
Horseback Experience (GR. 3-6)		4	\$850		
FINALE/PREVIEW WEEK		LOCATION	EXTENDED DAY PROGRAM:		LOCATION
Preview / Finale Week		Camp Ingersoll	AVAILABLE ALL SESSIONS AM or PM		Camp Ingersoll
Extended AM & PM		Camp Ingersoll	AM & PM		Camp Ingersoll
			\$300	\$131	
			\$120	\$220	

SUBWAY LUNCHES: Sessions 1-4: 4" - \$94; 6" - \$104 Preview/Finale Week/FLASH Camp: 4" - \$49; 6" - \$55

“You taught my daughter to swim and she’s so much more confident and proud of herself. Learning to swim is her #1 memory from this summer so thank you to the entire staff!”



“Avery loved the different activities and felt a sense of pride with what she accomplished.”



“We are continuously impressed with Ingersoll. We have told many friends about the camp”



“Nicky learned how to swim solely based on his attendance at Ingersoll.”



“Avery loved earning the different beads for each skill and it was a great thing to talk about at the end of the day.”



“Mabel went from being a very hesitant kid to one who beamed with pride when sharing her progress in swim, archery and BOATING.”

“Every morning we would pull up and hear the loud music, see the smiling, energetic counselors and just know that our daughter was going to have the best time.”



“We had a very positive camp experience with the counselors and other kids this year”

PARENT COMMUNICATION

We strive to provide families with all the information needed for our campers to have a successful summer. We have learned that among uncertainty, consistent and intentional communication alleviates much of the anxiety and concern over sending kids to camp. We will continue to give regular updates about the status of this summer, especially as we get closer to the spring and summer. Here are a few ways we communicate with parents:

EMAILS: We use email as our primary method of communication, including bus information/delays, start of the session information including the theme calendar, and policy or procedure adjustments. Be sure to check you have your current email on file during registration.

ONLINE: Our website, www.campingersoll.org, contains useful information about YMCA Camp Ingersoll, your camper's day, and printable forms such as Physicals, Medication Administration, and our Parent Handbook. Be sure to join YMCA Camp Ingersoll on Facebook and Instagram for some pictures and camp news.

WALDO PHOTOS: We upload camp photos to waldophotos.com/@ymcacampingersoll (password: [ingersoll25](http://waldophotos.com/@ymcacampingersoll)). Families cannot only see these pictures, but they can download high-resolution files and even order prints!

COUNSELOR PHONE CALLS: All families receive a phone call from our counselors introducing themselves and answering any general camp questions you may have. These calls will take place on the 2nd or 3rd day of every session, during the camp day, and may come from a private number. We understand some parents may be busy. Counselors will try to leave messages on your voicemail (if your voicemail is set up and not full) and may be available during their break periods if you make a return call to camp at 860-342-2267. Counselors are also available on Family Nights to talk with families in person.

PROGRESS SHEETS: Our Wee Wonder and Kiddy Kamp campers take home daily progress sheets. In an effort to provide consistent communication to families with older campers, all other camp units will take home progress sheets on Fridays. They will communicate which activities campers took part in, and highlights of the week.



FREQUENTLY ASKED QUESTIONS

1. HOW DO I REGISTER?

Online registration is at CampIngersoll.org. Please read ALL directions at the beginning of EVERY step and your camper will be registered in no time.

2. WHAT SHOULD MY CAMPER BRING EACH DAY?

Campers **must** bring closed toe shoes/sneakers – reusable water bottle – towel – swimsuit – sunscreen – lunch – backpack – an extra change of clothes. **PLEASE LABEL ALL ITEMS!**

3. CAN MY CAMPER HAVE A PHONE AT CAMP?

We understand why parents may want their campers to have phones. **Electronics cannot be used at camp**, but campers can keep phones in their bags. Our counselors provide engaging and varied activities for all campers which focus on social interactions, relationship building, and positive engagement. If phones are seen at camp, counselors first ask campers to put them away and eventually move to keep the phone in the office until a parent can pick it up.

4. CAN I PICK MY CHILD UP EARLY?

Parents must notify camp prior to 2:30. Please pick your camper up **BEFORE 2:45** or at Parent Pickup at 4:00. Children will only be released to individuals with a valid photo ID who are listed on the contact sheet. Campers **MUST** be signed out.

If you have additional questions, give us a call at 860.342.2267 or email our Camp Registrar Rools Elysee at relysee@midymca.org.

5. WHAT IF MY CAMPER NEEDS MEDICATION?

Complete and submit the "Authorization to Administer Medication" form. Forms are available online and by request. Medications must be in original, labeled container.

6. DO YOU APPLY SUNSCREEN AT CAMP?

Sunscreen should be applied by parents in the morning. Counselors will help reapply after each swim session and lunch if the parent provides it.

7. HOW CAN I FIND LOST CAMP ITEMS?

The most successful method of finding lost items is being preemptive in labeling ALL items (first and last name) that come to camp with a permanent marker. Those items will be returned to campers during opening or closing ceremonies. Other, non-labeled, items will be displayed behind the grand pavilion to be claimed (most non-labeled clothes are never claimed and therefore, donated at the end of the session).

8. WHAT NEEDS TO BE COMPLETED PRIOR TO CAMP?

Your camper's HEALTH FORM (Physical from the last 3 years) must be submitted before May 1, and if applicable, your camper's AUTHORIZATION TO ADMINISTER MEDICATION form should be complete. You can find more information about how to submit these items online when you register for camp.

FREE EVENTS FOR ALL FAMILIES

FAMILY NIGHTS – We will be hosting a Family Night on the first Thursday of sessions 1, 2, and 3 and on the second Thursday of session 4 (see page 3 for dates). Families may attend all Family Nights throughout the summer! Starting at 6:15, families enjoy the freedom of an Open Camp setting with boating, archery, swimming, ropes and so much more. At 7:45, our activity areas begin to close and families are invited to join our staff at the amphitheater for an introduction to our leadership team, a performance, a catchy sing-along to our Inger-Song (see page 18 for lyrics) and a walk through the “Tunnel of Love”.

We emphasize our Camp Family because we believe being part of a strong and supportive family is essential to our maturation, growth and understanding of the world we live in. Family Nights also provide an opportunity for parents to meet counselors and leadership staff, see campers interact with their new friends, and experience what Ingersoll has to offer. We continually strive to improve our Family Night, but are confined by our After Camp and busing schedule along with bed times!

Camp Ingersoll is committed to providing opportunities for families to spend time together. Most of our monthly events are free for all families and do not require registration. You can find more information on the Upcoming Events page at campingersoll.org.



FAMILY HIKE & FIRE BUILDING WORKSHOP

Saturday, March 22 • 2 to 4 p.m.

VOLUNTEER DAY

Saturday, March 22 • 10 a.m. to 2 p.m.

HEALTHY KIDS & FAMILY CLIMB DAY

Saturday, April 29 • 2 to 4 p.m.

OPEN HOUSE AND FAMILY FISHING DERBY

Saturday, May 3

Open House: 2 to 4 p.m.

Fishing Derby & Workshop: 4 to 6:30 p.m.

OPEN HOUSE & FAMILY FUN DAY

Saturday, May 31 • 2 to 4 p.m.

FAMILY BIRTHDAY PARTIES OR GROUP RENTALS AVAILABLE!

Plan your next adventure at YMCA Camp Ingersoll!

WORK AT CAMP:

Laugh, Learn and Change Lives!

Want to join a crew of creative people who live for adventure, love the outdoors, and enjoy supporting kids?

Our counselors love an active, consistent, outdoor schedule, working with different age groups, and collaborating with peers. You will work with some of the most dedicated and creative people in the field, and the friendships you'll make with the other counselors and camp leaders will last a lifetime.

THE VALUE OF CAMP:

While we strive to impact the lives of our campers every day, we are also dedicated to changing the lives of our counselors too! Benefits of being a counselor include:

- Professional training in facilitation, group dynamics, leadership skills, and risk management.
- First Aid and CPR Certifications, with the possibility of Lifeguard Certifications, Boating, and High Ropes.
- Working outside all summer long with others who enjoy the natural environment and the fun it provides.

A CAMP COUNSELOR:

- Models our core values – Honesty, Caring, Respect, Responsibility, and Family/Community.
- Has a passion for helping children grow and develop spiritually, mentally, and physically.
- Is committed to upholding a high standard of integrity while having fun and being fun.

Get a head start on our traditions by learning our Inger-Song and Inger-Pledge!

INGER-SONG!

(Sung to the tune of John Denver's "Country Roads")

Here in Portland, best camp ever
Where the bridge brings us, Across the CT River
We've all grown here. Up among the trees
Making life-long friendships in the summer breeze

Chorus:
Ingersoll, Ingersoll
Is the place, we belong
Friends forever. We'll remember
Ingersoll, Ingersoll

Swimming, hiking, loving nature
Paddle-boating on the Job's Pond water
Shooting archery and hitting that bulls eye.
Sharing campy stories while sitting 'round the fire.

Chorus
We start our days up at morning flag all singing.
Then come together at the end of everyday.
And as we're heading home, we get good feelings
in our souls
For YMCA... YMCA

Chorus
Where we roam, Ingersoll.
Where we've grown, Ingersoll.

INGER-PLEDGE

I pledge to everyone today,
To do my best in every way.
I'll care for others, be honest and kind,
I'll strengthen my body, heart, and mind.
I'll accept challenges big and small,
I pledge my heart to Camp Ingersoll!



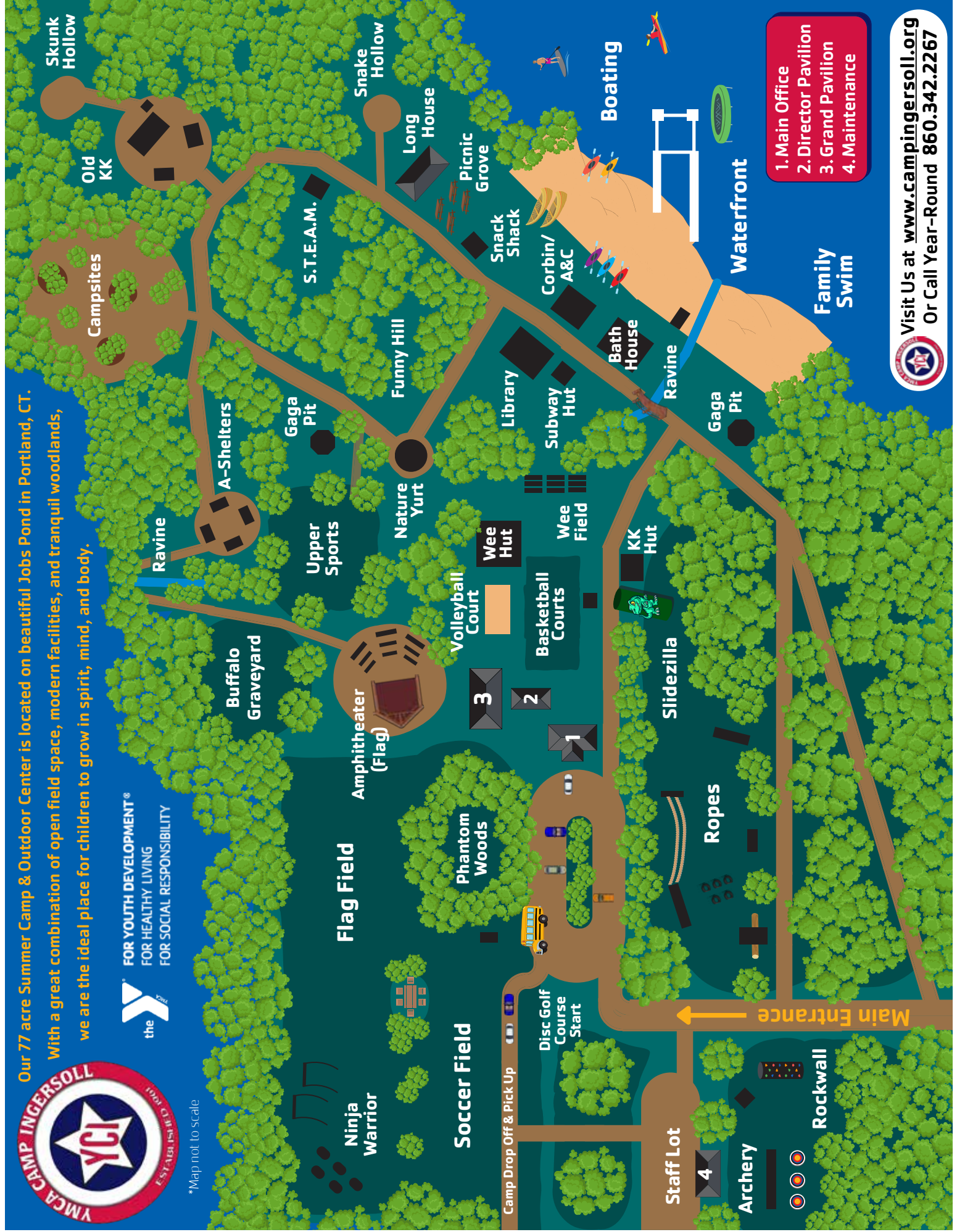
Our 77 acre Summer Camp & Outdoor Center is located on beautiful Jobs Pond in Portland, CT. With a great combination of open field space, modern facilities, and tranquil woodlands, we are the ideal place for children to grow in spirit, mind, and body.



the **YMCA**
FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

*Map not to scale

FOR MORE INFO, PLEASE VISIT OUR WEBSITE AT CAMPINGERSOLL.ORG



Visit Us at www.campingersoll.org
 Or Call Year-Round 860.342.2267



YMCA Camp Ingersoll

A Community of Changemakers

Team Building

- Custom programs for schools, churches, community, or corporate organizations.

Ropes & Challenge Courses

- Improves communication and develops trust.
- Encourages goal setting, group decision-making, and building self-confidence

Book Us For Rentals!

Birthday Parties

- Includes reserved pavilion time for 2.5 hours
- Discount for Outdoor Center Members

Corporate & Group Picnics

- Use of any Pavilion and Basketball Courts available as well as Swimming, Archery, and High Ropes Course upon request.

Field Days

- Parachute games, potato sack race, and water relays, and more!
- High Ropes, Archery, and Boating upon request.

Outdoor Center Membership

- Includes year-round use of grounds - hiking, biking, picnics, boating, and more!
- Discounted Birthday Parties



Youth Sports

- Variety of weekly programs offered for 3 to 12 year-olds.
- Sports and Enrichment programs

Pratt and Whitney

New England Youth Cycling

Pratt & Whitney

Haddam-Killingworth Middle

Girl Scouts

St. Mary's Church Group

NFA Visual & Performing Arts

20+ Birthday Parties

Aware Recovery Care

Boy Scouts

Gilead Community Services

Beman Middle School

Our Past Groups

Glastonbury Public Schools Foote School Teambuilding

Whitney High School (ACES)

Berlin Public Schools

Adelbrook Staff

Pentecostals of Greater Hartford

